



Parenting Skills Outline

Online Parenting Skills Class

Provides parents a foundational understanding of basic parenting skills in order to raise children from infancy to adulthood.

12 Hour Online Parenting Skills

cost: \$39.99 ea. (Low-income discounts available)

Class Options:

- Parenting Skills ages 0 - 7
- Parenting Skills ages 7-13
- Parenting Skills ages 13-18

Part 1 - Parenting 101

Part 2 - Ages and Stages

Part 3 - The Power of the Brain

Part 4 - Your Child's Personality

Part 5 - Encouraging Intellectual Development

Part 6 - Bridge the Communication Gap

Part 7 - Commit to Discipline

Part 8 - Self-Esteem and Socialization

Part 9 - Core Values

Part 10 - Meeting Basic Needs

Part 11 - You Are a Role Model

Part 12 - The Changing Family

Part 13 - Small Things Matter

Part 14 - Practice Makes Perfect

Part 15 - Resources

If you are a low income parents interested in taking a class there are options to help reduce class costs.