



OrangeCountyParentingClass.com

## **Parenting Skills Outline**

### Online Parenting Skills Class

Provides parents a foundational understanding of basic parenting skills in order to raise children from infancy to adulthood.

12 Hour Online Parenting Skills

**cost: \$59.99** ea. (Low-income discounts available)

#### **Class Options:**

- Parenting Skills ages 0 - 7
- Parenting Skills ages 7-13
- Parenting Skills ages 13-18

**Part 1** - Parenting 101

**Part 2** - Ages and Stages

**Part 3** - The Power of the Brain

**Part 4** - Your Child's Personality

**Part 5** - Encouraging Intellectual Development

**Part 6** - Bridge the Communication Gap

**Part 7** - Commit to Discipline

**Part 8** - Self-Esteem and Socialization

**Part 9** - Core Values

**Part 10** - Meeting Basic Needs

**Part 11** - You Are a Role Model

**Part 12** - The Changing Family

**Part 13** - Small Things Matter

**Part 14** - Practice Makes Perfect

**Part 15** - Resources

If you are a low income parents interested in taking a class there are options to help reduce class costs.