



Dorchester.OnlineParentingPrograms.com Parenting **Without Conflict**

by New Ways for Families

cost: **\$99.99** (Low-income discounts available)

<https://Dorchester.OnlineParentingPrograms.com>

Parents need to learn some basic skills before they can absorb educational information about divorce, family court, conflict and parenting. This is a skills training program for potentially high-conflict families during separation and divorce. It is a unique and innovative program that focuses on flexible thinking, managed emotions, moderate behaviors and checking yourself. These are the interpersonal skills that are most difficult for high-conflict parents.

- Unit 1** Coping With the Stress
- Unit 2** Solving Co-Parenting Problems
- Unit 3** Avoiding Over-Reacting
- Unit 4** Influencing Your Type of Co-Parent
- Unit 5** Extreme Behavior & Your Child's Brain
- Unit 6** Raising Healthy Children
- Unit 7** Child Developmental Goals
- Unit 8** Parenting Schedules
- Unit 9** Using Professionals
- Unit 10** New Partners, New Families
- Unit 11** Handling Financial Issues
- Unit 12** Avoid Becoming a High Conflict Case

How It Works

- 1. Register Online**
- 2. Attend Program**
- 3. Complete Exam**
- 4. Receive Certificate**

Classes are self-paced and certificates are available for immediate download upon completion of your online class.

Offering discounted programs to qualified parents. Go online: www.onlineparentingprograms.com/financial-assistance.html