



Online
Parenting
Programs

4H
ONLINE

Co-Parenting / Divorce Class

\$44.95

*Low-income discounts
available*

Level 1 foundational co-parenting class focusing on families in transition. Parents learn skills to avoid common mistakes in an effort to work together with their co-parent for the sake of the children.

Target: Divorcing, separating, never married parents or for parents seeking a modification.

Welcome

- :-- Welcome
- :-- Major Terms
- :-- Identify Your Co-Parent Relationship

Intake Forms

- :-- Court Case Information
- :-- Demographic Information
- :-- Relationship Information
- :-- Pre-Class Assessment - Part I
- :-- Pre-Class Assessment - Part II

Taking Care of You

- :-- Unit 1 - Taking Care of You
- :-- Before This Unit
- :-- What You Will Learn
- 14:00** Divorce and Separation

10:00 Stages of Adjustment
02:00 Stay Safe
--:-- What Did You Learn
--:-- At The End of This Unit
--:-- Additional Resources
--:-- Sources

Taking Care of the Children

--:-- Unit 2 - Taking Care of the Children
--:-- Before This Unit
--:-- What You Will Learn
11:00 Childrens Reactions
09:00 Talking with Children
06:00 Caution Areas!
--:-- What Did You Learn
--:-- At The End of This Unit
--:-- Additional Resources
--:-- Sources

Managing as a Single Parent

--:-- Unit 3 - Managing as a Single Parent
--:-- Before This Unit
--:-- What You Will Learn
06:00 New Communication Styles
20:00 Managing Conflict
--:-- What Did You Learn
--:-- At The End of This Unit
--:-- Optional Reading
--:-- Additional Resources
--:-- Sources

Co-Parenting

--:-- Unit 4 - Co-Parenting
--:-- Before This Unit
--:-- What You Will Learn
11:00 Effective Co-parenting

- 11:00 Protect Children
- 13:00 When Co-Parenting Does not Work
- :-- What Did You Learn
- :-- At The End of This Unit
- :-- Additional Resources
- :-- Sources

Moving Ahead

- :-- Unit 5
- :-- Before This Unit
- :-- What You Will Learn
- 02:00 Finding Your Focus
- 06:00 Making Decisions
- 19:00 Caring for the Children
- 12:00 Designing a Parenting Plan
- :-- What Did You Learn
- :-- At The End of This Unit
- :-- Optional Reading
- :-- Additional Resources
- :-- Sources

Final Exam

- :-- Final Exam

Survey

- :-- Post-Class Assessment - Part I
- :-- Post-Class Assessment - Part II
- :-- Feedback on This Class

Completion

- :-- Completion